

RAAOT-ACARO Issue

Dr. Gabriel Vindver

President, Asociación Argentina para el Estudio de la Cadera y la Rodilla (ACARO)



Five years ago, we lit a spark: to bring together vocation, science, and camaraderie so that every person with a hip or knee condition would be cared for a little better than yesterday. Today, in the fifth issue of RAAOT-ACARO, that spark is still burning. It is not a trophy on a shelf; it is confirmation that when we come together to think and to work, medicine becomes more humane and more precise.

Sometimes, from the outside, surgery looks easy: an elegant movement that seems to come naturally. But we all know that “effortless” is an illusion. Behind a clean gesture lie long shifts, mental rehearsals, honest debates, video reviews, uncomfortable questions, and the humility to adjust whatever needs adjusting. If something appears simple, it’s because there was a mountain of silent work underneath.

We have also learned that we are not machines. We doubt, we get tired, we need to ask for help. And that is okay. Good medicine is born when a team listens to one another, when a timely consult arrives, when rehabilitation is planned with the same care as the incision. We do not operate on X-rays; we accompany real stories that return to the classroom, the job site, the family table.

Let’s care for the work climate, too. Respect is not a formality; it is patient safety. A “please,” explaining the plan, thanking people for their effort; those small courtesies, repeated, become culture. And culture, over time, becomes outcomes.

To those just joining this community: cultivate curiosity and patience. Celebrate the modest advances, because that is how excellence is built. To our long-time colleagues: thank you for sharing knowledge, reviewing manuscripts, teaching with generosity, and offering a shoulder when it is needed. To our patients: you are the reason behind every meeting and every line written.

This fifth issue is a handshake and an invitation. Let’s keep researching, debating with respect, simplifying what is complex, and creating opportunities where they are missing. May every page remind us that merit is not about never failing, but about trying again with greater wisdom.

Dr. GABRIEL VINDVER • gvindver@gmail.com  <https://orcid.org/0000-0003-3858-6687>

How to cite this article: Vindver G. RAAOT-ACARO Issue. *Rev Asoc Argent Ortop Traumatol* 2025;90(5):409. <https://doi.org/10.15417/issn.1852-7434.2025.90.5.2215>