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**Measure Units**

Use the International System of Units (SI)

**Abbreviations**

First the word to be shortened should be written in full with its abbreviation between brackets, and then it is the abbreviation that should be used in the remaining text.

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Use generic names. The manufacturer’s name can be mentioned between brackets, together with city and country.

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Every revised manuscript should be accompanied by a presentation letter that deals with every comment passed by the reviewers. This letter should give thorough detail of the changes that have been made and the reasons because of which some other recommended changes have not. Every change should be accompanied by the line number, the paragraph and the page that have been worked upon in the revised article. The number of the manuscript should show in the presentation letter.

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**Number of authors**

The order of the authors just conveys the authors’ preferences. Every author should have contributed significantly to the work and be ready to assume public responsibility for one or more aspects of the study: its design, data acquisition and analysis together with interpretation of data. Every author should have participated actively in the writing and critical revision of the manuscript, and every one of them has to give the final approval for the version to be published. Those who have just contributed with a single section of the manuscript or have contributed just with cases should be mentioned in a note of thanks.

If the one considered as the author of an article is a research team, one or more members of the group that meet fully the aforementioned standards related to authorship should be listed as the authors of the article—followed by “on behalf of [the name of the group]”. The other members of the groups should be included in a thanks section at the end of the article. On the other hand, the list of authors can just show the name of the group with an asterisk referring to a list which includes specifically the authors that meet fully the aforementioned standards related to authorship, and that also includes the other members of the group.

The original manuscript should be typed in Word format using double-space 12-Times New Roman font with ample 3-cm margins. The pages should be numbered, and the tables and illustration captions should be included in pages apart from the main text.

**Images** should be sent as JPG attachments with references in Word format also as independent attachments—for instance, at the time of sending an image the authors should send a file in JPG format named “Figure 1 file” together with a Word-format attachment also named “Figure 1” that explains and gives details about Figure 1.
Preparation of manuscript

The authors’ full name along with their degree (e.g. MD or BPTh, etc.), institutional references (working place—address including province/state and country) and mailing data (name, address, telephone and/or fax number, and e-mail address) will be uploaded during the process of the submission of the manuscript to the OJS. If any, it is necessary to upload the info about the work financial sponsorship. If not, it should also be included. You can request a “Tutorial” for your article upload at publicaciones@aaot.org.ar.

The title of the work should be selected with extreme care: if it is short, it has more impact. The words to be used in this title should facilitate searches for the issue dealt with in a bibliographic index, being most adequate to use key words for the work location by means of search engines.

The first page of the article should include: the title and the abstract in both Spanish and English languages.

The abstract should include a maximum of 250 words and it should be submitted in both Spanish and English languages preceding the article; it should summarize and highlight the main points of the article. Its structure should include: aims, materials and methods, results, conclusions, level of evidence.

The key words, which cannot be more than 6, should be included at the end of the abstract in both Spanish and English languages.

The text of the article itself starts on the following page. Please, include in the text no identification (e.g. name of authors or name of the institution where the work has been carried out at; the text should include references such as “the author surgeon” or “the institution we work at”, etc.)

El texto

The text

It will be divided into four sections: Introduction, Materials and Methods, Results and Discussion. So as to keep the message coherent, every section should be conceived in relationship with the question or working hypothesis. Therefore, Introduction poses the question; Materials and Methods describes the activities carried out to answer that question; Results reports the results; and Discussion sets out differences and/or similarities with other authors, the author reflections and, finally, it answers the question that has been posed.

Introduction: It sets out the justification of the topic that leads the author/s to formulate their aim. Bibliographic cites should be kept to a minimum. The introduction should be concluded setting out the aim of the study and/or the working hypothesis.

Materials and Methods: Its objective is to describe the activities carried out to answer the question that has been posed in the Introduction. It should provide the reader with enough information to allow any other scientist to evaluate the credibility of the work and repeat the experiment just as it has been carried out in the study. It should describe clearly the population of study, the methods for evaluation and also the devices and procedures that have been used to allow the reader to reproduce the same results. This section should not include results. Data can be presented in tables. It is necessary to define the type of design of the study and to describe the statistical method that has been used. This section should state that the study has gotten approval from an institutional evaluating or ethical committee.

Results: They should be presented as it has been described in Materials and Methods. If the results are presented in tables, they should summarize and highlight the most important data, not repeat information as it is detailed in the text.

Discussion: Its aim is to describe the results responding to the study aim. To highlight the limitations of the study, as well as the coincidences or dissidences found as compared to other studies. To define the impact that the results can have not only in terms of the working hypothesis but also in those at some other levels of knowledge so as to encourage other studies.

Case presentations and works for post-graduate Orthopedics updates and instructions do not include abstracts. In scientific works please include the type of study and the level of evidence (consult the table) at the end of the abstract.

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Tables should be presented in Word format (we will not admit any other type of format) in a double-space fashion, with number and title. Explanatory notes should be included following the lower margin of the table. Every table should be included on a page apart. Information in the table and the text/figures should not be doubled.

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Enumerate the figures with Arabic numbers in the order they are mentioned in the text. Give enough information for the figures to be understandable with no need to consult the text. Define every symbol and every abbreviation that has not been written in the text yet. For any material with copyright, state that you have got authorization (consult Authorizations above). Captions should be written consecutively on a page apart from the main body of the manuscript.

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Authors have the option to include videos. We will accept only one video per article. They should not be larger than 100 MB, nor should they last more than 4 minutes. Videos should include captions describing the technique being used, or they can include narrations, depending on the author(s)’ preferences (we strongly recommend you to do so!). The video should be cited in the text (“video”). This Journal has no responsibility for video editing.
<table>
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<th>Prognostic Studies—Investigating the Effect on a Patient Characteristic on the Outcome of Disease</th>
<th>Diagnostic studies—Investigating a Diagnostic Test</th>
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<td>- High-quality prospective study (all patients were enrolled at the same point in their disease with &gt;80% follow-up of enrolled patients)</td>
<td>- Testing of previously developed diagnostic criteria in series of consecutive patients (with universally applied reference “gold” standard)</td>
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<td>- Development of diagnostic criteria on basis of consecutive patients (with universally applied reference “gold” standard).</td>
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<td>- Systematic review of Level-II studies.</td>
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Publication Rules for Case Reports

**Title.** Include the words “Case Report”. Describe the most interesting item (e.g. symptom, diagnosis, test, intervention).

**Abstract.** It should include an “Introduction”, which describes what is unique to this case, what news the work contributes with to medical literature, the main patient’s symptoms, the important medical findings, the main diagnoses, therapeutic interventions and results, and a “Conclusion”, which explains what are the main lessons that are to be learned from this case.

It should be written in both Spanish and English languages and not exceed 200 words.

**Key words.** Include from 2 to 5 words.

Case reports should include: 1) the patient’s main symptoms, 2) the main medical findings, 3) the main diagnoses and interventions, 4) results, 5) what are the main lessons that are to be learned from this case?

**Introduction.** It should summarize briefly the background to the case, making reference to relevant medical literature.

**Data about the patient.** Provide the reader with the patient’s demographic information (age, sex, ethnical origin, profession) and symptoms (main problems) together with family and personal medical and psychosocial history, what includes dietary habits, lifestyle and genetic information whenever possible, and details about relevant co-morbidities, including previous interventions with results.

**Medical findings.** Describe relevant findings at physical examination.

**Calendar.** Describe important dates and moments in this case (table or illustration).

**Diagnostic evaluation.** Assess: 1) the diagnostic methods used (e.g. physical examination, analyses, imaging methods, questionnaires), 2) problems for diagnosis-making (e.g. financial or linguistic/cultural problems), 3) the diagnostic reasoning, including other possible diagnoses that may have been considered, 4) the prognosis characteristics (e.g. stages) when relevant.

**Therapeutic intervention.** Describe: 1) the type(s) of intervention(s)—(pharmacological, surgical, preventive, self-care interventions), 2) the administration of the intervention (e.g. doses, concentration, duration), and any change in the intervention (with justification).

**Follow-up and results.** Summarize the development of every follow-up consultation, including 1) the results evaluated by the doctor and the patient, 2) the important results in follow-up tests, 3) the compliance to and tolerability of the intervention (how has it been evaluated?), 4) the adverse and unforeseen events.

**Discussion.** Describe: 1) the strengths and limitations of this case reports, 2) the relevant medical literature, 3) the justification of the conclusions (including evaluations of causalities), 4) the main lessons that are to be learned from this case.

**Patient’s standpoint.** The patient should report his or her standpoint or personal experience whenever possible.

**Informed.** Consent Has the patient granted Informed Consent? Provide them with it if he or she requires it.

**Requirements for the authors of Case Reports**

1. **Conflict of interests** Is there any conflict of interests?
2. **Approval from an Ethics Committee** Has an institutional Ethics Committee or a revision body given approval? In the case they have, it is necessary to grant the approval if required.
3. **Elimination of identifying information** Have the entire patient’s data been deleted?

**Bibliographic references** Consult the Journal General Rules.

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